



ISSN 2583-9020

An Electronic Veda Journal

वेद वाणी

(vEda vaaNee)

Volume 2, Issue 2, July 2024



Printed and Published by

Veda Samskruti Samiti

Malkajgiri

Hyderabad TS

Message for Graduating Students!

Krishnamoorthy (Subbu) Subramanian

Innovation and Management Professional, Honorary Editor, vEda vaaNee e-Journal

subbukdg@gmail.com

It is the season for graduation ceremonies! Let us take the liberty to offer the following “Graduation Message” along with our very best wishes to all the graduates, as they venture into their world of new opportunities!

The traditional views and teachings of “Be good, do good and be blessed with all that is good - health, wealth, happiness ...” might have been OK, when the youngsters simply accepted the tradition and followed what is “good” and “proper” as told by their elders! Over time these instructions and guidelines have changed mostly to rituals and their practices. The above guidelines must be practiced by every graduating student, but only after sincere reflection and intense reasoning.

At a personal level, negative news that excites emotions spreads faster than positive and uplifting messages. Social media has its own impact to isolate people into self-selected groups and echo chambers without room for reflection and reasoning. Such appeal and attention getting capabilities of the negative and angry messages seem to have become successful business models in news media and politics. One could reasonably ask, where is the role of “be good, carry out only good and well-meaning acts” as your way of life?

All of these turn off the younger generation, leaving them in their world of tumult, like boats without a sail or paddle to steer clear in a wavy and turbulent ocean of life. Increased anxiety and mental health concerns would appear to be the prevailing mood for many among the youngsters.

Instead, you, the graduates, as a starting point, could use all your energy, skills, and resources to reflect on the following essentials from Vedic Philosophy, captured in three axioms (self-evident truths). Vedic knowledge is self-evident! Perhaps that is why they are without any author or origin! The brilliance of our *Rishis (Saints and scholars)* from the past is that they conceived these axioms through their intense self-reflection. They are captured in the philosophic treatises (*Upanishad*) imbedded in the Vedas:

1. The entire Universe - which includes you and I - is enabled, the enabler being the infinite number of forces or phenomena of nature, collectively known as Brahman. Hence the grand pronouncements from the Upanishads:

- “**Pragjanam Brahma**” - “Consciousness is Brahman” (Aitareya Upanishad)
- “**Ayam Atma Brahma**” - “This Self is Brahman” (Mandukya Upanishad)
- “**Tat Tvam Asi**” - “Thou art That” or “You are Brahman” (Chandogya Upanishad)
- “**Aham BrahmaAsmi**” - “I exist as Brahman” (Brihadaranyaka Upanishad).

Yes, you are an individual with your name, family, identity, education, height, weight, job, health... But you are not “unique”, no matter

how much you think of yourself like that. You are like a drop of water in the ocean, indivisible, inseparable! You are enabled, a product of nature, like everyone on the planet or everything in the Universe. Let this single thought erase all your feelings of isolation from others in the name of religion, race, gender, national identity, preferences, individuality, etc.

2. “I” - Consciousness / Soul - of any individual, is connected to anything external through our mind (Physical organ) and its perception of objects, feelings/emotions, and thoughts. This connection is made through the prevailing Knowledge, Bias, and Ignorance at any time, on any matter, in any course of action... We relate to these connections as Tranquil, Turbulent, and Inertial “Experience.”

सत्त्वं रजस्तम इति गुणाः प्रकृतिसम्भवाः ।

निबध्नन्ति महाबाहो देहे देहिनिमव्ययम् ॥

Srimad Bhagavadgeeta 14-5

sattvaṁ rajas tama iti guṇāḥ prakṛti-sambhavāḥ
nibadhnanti mahā-bāho dehe dehinam
avyayam

Satwam (Tranquility), *Rajas* (Turbulence) and *Tamas* (Inertial) are the three connectors, which bind our body to the inner person incessantly.

Hence you are not merely a product of your experiences. You are indeed evidence of the prevailing Knowledge, Bias and Ignorance and their relative roles! Like the reflections on the waves, your “experiences” change all the time thanks to the play of the prevailing K, B and I in you and around you! You are also the

effect or evidence of ALL prevailing K, B and I in you, around you and from everywhere! Your reflections on the waves are the result of your body, eyes and their vision, body of water and the waves on its surface, prevailing light and its sources, etc.

Keep this in mind all the time - like oars or sails - as you steer over the waves (activities), which we call life! The more you can discriminate and use the prevailing “knowledge” and steer clear of all the “bias” and “ignorance”, the more likely that your actions will be “good” and your experience “joyful” to you, others around you and for as many as you can reach out!

This is the “Self-control” taught elaborately in all Upanishads, Bhagavad Geetha and other scriptures. Make this learning a priority. Experiment with it, as part of your self-study, a way of living as you graduate today.

There is also a third axiom:

3. The “enabler” - axiom 1 - and the “enabled” (i.e.) all our experiences - axiom 2 - co-exist all the time. It is like the deep ocean (enabler) and the surface level waves (enabled) inseparable and always coexisting!

Do not indulge in thoughts that you are unique, different, and hence become isolated from others. You are as much a part of nature as anyone and anything! All of us are identified as children of Immortality (*Amrutasya Puthraha*). Let that thought relieve you of the shackles and pains of your self-driven needs and wants. Let that expand your mind and bring forth freedom in your thoughts, feelings and actions that are universal in their outlook as well as in their

goal! That is being “Spiritual” - in union with the “spirit”, one with nature!

Always keep these few examples from nature in your mind: The glass is always half full (with our knowledge) and half empty (due to the prevailing bias and ignorance). It is also like the stem of a rose, which comes with its thorns! Learn to look at the glass that is half full with an effort to fill it further! Learn to smell the rose and enjoy its beauty, while being aware of the thorns and how to deal with them!

With that liberated outlook:

- Smile at a stranger, for no reason, as they are merely part of you! Let that elicit a warm and welcoming smile, the way nature responds!
- Help someone, anyone in need, because you see such a need. Let that be your parents, teacher, family, neighbor, elders, children, volunteering...., You begin to see the true meaning of the injunction from Thaittriya Upanishad: Treat your father, mother, teacher, guest..., as God”!
- You are somebody who can make anybody feel like somebody!
Include yourself in that “someone”! You are part of the Universe at large!
Let that lead to self-compassion, not self-pity.
- Let that lead to noble and uplifting goals, efforts, thoughts, feelings, and actions.
- Whatever they are, since they are Objective (inclusive of all and exclusive of none) and

Unattached (intended to meet the common needs, which also includes your needs), your life will be fulfilling and meaningful.

Following is a brief reference to a graduation address from our scriptures. These instructions to the students from the teacher are noted in Shikshāvalli, the first chapter of the Taittiriya Upanishad 1-11.

सत्यं वद। घर्मं चर। स्वाध्यायान् मा प्रमदः।.....
मातृदेवो भव। पितृदेवो भव।
आचार्यदेवो भव। अतिथिदेवो भव।
यान्यनवद्यानि कर्माणि। तानि सेवितव्यानि।
नो इतराणि।
यान्यस्माकं सुचरितानि । तानि त्वयोपास्यानि।
नो इतराणि।
ये के चास्मत्क्षेत्र्यांसो ब्राह्मणाः।
तेषां त्वया सने न प्रश्वसितव्यम्।.....
एष आदेशः । एष उपदेशः । एषावेदोपनिषत् ।
एतदनुशासनम् । एवमुपासितव्यम् ।

Satyam vada । Dharmam chara । Svādhyāyān
mā pramadaha ।.....
Matrudevo bhava । Pitrudevo bhava ।
Aacharyadevo bhava । Atithidevo bhava ।
Yānyanavadyāni karmāni ।
Tāni sevitavyāni । No itarāni ।
Yānyasmākam sucharitāni ।
Tāni tvayopāsyāni । No itarāni ।
Ye ke chāsmachchreyānsō brāhmanāha ।
Teshām tvayā sane na prashvasitavyam ।.....
Esha ādeshaha । Esha upadeshaha ।
Esha vedopanishad ।
Etadanushāsanam । Evamupāsītavyam ।

Speak the truth. Abide by your dharma. Never give up your pursuit of Self-study.

Treat your mother, father, teacher, and guest like God. O disciples! Only pursue actions that are appropriate and should not be violated, not others. Only adopt good and virtuous conduct, nothing else. After leaving here, if you find teachers better than us, then respect them, pay homage to them by offering a seat. This is our final command. This is our blessing. Go forth, live according to this guidance!

That is also in summary, the guidance to you from *Srimad Bhagavadgeeta*:

“May all manners of living be dedicated to total self-control and unattached active engagement”.

After reading the above, reflect on all this and its inner meaning, as part of your life-long learning!

Reference

1. <https://www.esamskriti.com/e/Spirituality/Upanishads-Commentary/Taittiriya-Upanishad~Petal-5-2.aspx> Accessed on July 1, 2024.

About the Author



Dr. Krishnamoorthy (Subbu) Subramanian is an Engineering / Management professional with over forty years of global experience in industry, innovation and mentoring. He is the author of three books, His studies and writing on Vedic Philosophy can be seen at www.Sipractce.com His recent webinar for the Veda Samskruti Samii (VSS) can be seen at: <https://www.youtube.com/watch?v=8d6pi471sf0> Dr. Subramanian is presently serving as an Honorary Editor of VEda vaaNee e-Journal.



Veda Samskruti Samiti

13-1-62 & 13-1-47/1

Veenapani Nagar, Malkajgiri

HYDERABAD Telangana



Veda Samskruti is an inherent intellectual property of Bhaarata dEsham. It is the basic duty and right of every citizen in Bhaarata dEsham to protect this Intellectual property. Indian Constitution and Law provides provision for protection and preservation of its culture, its monuments, architecture etc.

The Chaturvedas said to have 1131 shaakhaas right up to the time of Aadi Shankaraachaarya and thereafter during last more than ten centuries, many shaakhaas are out of practice due to various reasons and presently only seven shaakaas are in the practice of Guru shiShya parampara.

There is a need to continuously preserve these available shaakhaas which may likely to disappear in future due to various external forces acting in the country vigorously with the power of money and global politics. It is time for the intellectuals of Bharata dEsham to wake-up and work collectively to protect and preserve Veda Samskruti of Bharata dEsham, by empowering the Youth of Bharat dEsham, the future care takers of this great Indian Heritage , with suitable education of our correct history and culture.

The above background lead to formation of this Veda Samskruti Samiti which is registered under Societies acts of Government of Telangana, with Regd. No. 961/2016 by Sri A.H. Prabhakara Rao, who is the Founder and President of the Samiti.

The vEda vaaNee e-journal, [ISSN 2583-9020](https://doi.org/10.26434/chemrxiv-2024-12345), is now publishing its **Volume 2, Issue 2, July 2024.**