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Patron's Page

आचारः प्रथमो धर्मः श्रुत्युक्तः स्मार्त एव च ।

तस्मादस्मिन्समायुक्तो नित्यं स्यादात्मवान् द्विजः ॥

aacaaraH prathamO dharmaH shrutyuktaH smaarta eva ca |
tasmaadasminsamaayukto nityaM syaadaatmavaan dvijaH ||

Whatever sadaacaara (*sadaacaaraH*) - practicing traditional customs or practices spoken in Vedas (*vedaaH*) and smruti (*sm-ruti*) scriptures (*granthaH*) is Dharma (*dharmaH*). Therefore, those in search of aatmaa or Brahman (*parabrahma*) must always follow the path given in Vedas (*vedaaH*), Upanishads (*upaniSadaH*) and PuraaNaas (*puraaNaani*) etc.

hariH om

I recently saw these quotes on display at a public place:

“The Purpose of our lives is to be happy” -Dalai Laama

“Look deep into Nature and then you will understand everything better.” Albert Einstein.

In Prakruti (*prak-rtiH*) / Nature, there is *caitanyam/puruSaH/paramaatmaa*/almighty behind, in deep layers. That is why *sanaatana dharma's* goal or way of living is to see *caitanyam/aatmaa/puruSaH/ paramaatmaa*/almighty within all human beings, in stone, in tree, and in everything in Nature /Prakruti(*prak-rtiH*). That is why we shall strive to behave like *paramaatmaa*, reflecting Divinity in our daily way of living. Nature is *embodiment of triguNaaH: satva rajas and Tamas guNaaH*. Whereas *paramaatma* reflects all of above *triguNaaH* and at the same time being one within Nature.

Man has Buddhi (*buddhiH*)/*vivevekam*/intellect which other elements of Nature, which appear to human senses/*indrias(indriyaaH)*, do not have. But man has 6 Enemies and Ego too. *kaamaH* (attachment), *krodhaH* (anger), *lobhaH* (greed), *mOhaH* (passion), *madaH* (madness), and *maatsaryaH* (envy) and *ahamkaaraH* (Ego). These are to be controlled to see *paramaatma* within oneself and in others and in the outside Nature. If one has these Enemies within him/herself cannot understand the real value of Nature and Aatma(*aatmaa*) within him/herself. Our continuous effort should be to control them and live without *raaga(raagaH)*, *dvesha(dveSaH)* and with balance of mind (*stita prajJata*).

Yes, the illustrious scientist Einstein declared correctly to look deep in Nature including oneself, since we are part of Nature.

Protect Nature and do not harm Nature, including human relations which spoil due to *raagaH* (intense desire) and *dveSaH* (hostility) which are generated by 6 enemies within ourselves. When life is not there in our human / physical body, it is to be burnt or to be mixed with five elements/*panca bhUtaaH* as part of Nature. To realize this one should not wait till old age. Our culture, *sanaatanadharmaH* says it is to be practiced from childhood.

Our quest should be “to live in harmony with nature”, which on its own promotes peace and harmony, leading to happiness all around - like the breeze that merely exists! The pollination, spreading of the fragrance, enjoyment of all that by people, animals and plants, ... are all outcomes of nature, unknown to the breeze!

Our quest shall be to cultivate good qualities and understanding of the nature around us and to practice *sadaachaaraaH*. To achieve these goals, our Rishis/Saints (*-rSayaH*) who digested our vedavaangmayam and *sanaatana dharma(dharmaH)* formulated *SoDhasha smaskaaraaH* ie.16 types of *devata araadhana*/functions scheduled to be performed during lifespan of every human being.

Hence all our activities right from birth are linked with *samskaaraaH* (rites of passage) with systems of living conditions.

Right from *jaata karma* and all 16 *samskaaraaH* including *upanayanam* (thread ceremony), *viwaaham*(marriage), *antyeShTi* (the *smaskaaram* to be done when *aatmaa* seperates the body ie *death*) are done with *niyamaaH* /Rules/Duties/*dharmaH*. These practices are cultivated in the human, right from childhood in the interest of his future correct understanding of Nature and to lead happy life.

Every *samskaaraH* is associated with *niyamaaH*/procedures and dictums to be followed by the human during and after every *samskaaraH*.

Not following *niyamaaH* after the function will not provide the correct *sadaacaaraH* and *saadhanaa* to the boy/girl and performing these *samskaaraaH* remain hippocratic and money-wasting functions and do not give correct *samskaaraH* to the person.

Under the wrong perspective, people are avoiding these *samskaaraaH* and do not cultivate *niyamaaH* to their children but spend money for functions for their pomp and show. These pomp and show are only limited to our pleasure and satisfaction but not really helping the child who does not follow *niyamaaH* and practice thereafter, to become good successful confident, and *dhaarmic* human being.

Practice makes people perfect. This is applicable to all, irrespective of age. Knowledge obtained from books is not complete unless it is practiced.

आचार्यात् पादमादते पादम् शिष्यः स्वमेधया ।

पादम् सब्रह्मचारिभ्यः पादम् कालक्रमेण च ॥

aacaaryaH paadamaadate paadam shiSyaH svamedhayaa |
paadam sabrahmacaaribhyaH paadam kaalakrameNa ca ||

One gets one quarter of knowledge from teacher, second quarter is to be cultivated by the intellect of the student, the third quarter is to be obtained from peers, and the knowledge will be 100% complete only after due practice/saadhanaa during the lifetime.

आनन्दो ब्रह्मेति व्यजानात् ।

aanando brahmeti vyajaanaat |

The goal for humans is eternal happiness/*mokSaH*. All human desire eternal happiness and lead life with peace.

— *Shubham bhUyaat* —

— *Om TAT SAT* —

A.H. Prabhakara Rao

Patron

vEda vaaNee

Founder & President, Veda Samskruti Samiti (VSS)

October 2025





Veda Samskruti Samiti

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Veda Samskruti is an inherent intellectual property of Bhaarata dEsham. It is the basic duty and right of every citizen in Bhaarata dEsham to protect this Intellectual property. Indian Constitution and Law provides provision for protection and preservation of its culture, its monuments, architecture etc.

The Chaturvedas said to have 1131 shaakhaas right up to the time of Aadi Shankaraachaarya and thereafter during last more than ten centuries, many shaakhaas are out of practice due to various reasons and presently only seven shaakaas are in the practice of Guru shiShya parampara.

There is a need to continuously preserve these available shaakhaas which may likely to disappear in future due to various external forces acting in the country vigorously with the power of money and global politics. It is time for the intellectuals of Bharata dEsham to wake-up and work collectively to protect and preserve Veda Samskruti of Bharata dEsham, by empowering the Youth of Bharat dEsham, the future care takers of this great Indian Heritage , with suitable education of our correct history and culture.

The above background led to formation of this Veda Samskruti Samiti which is registered under Societies acts of Government of Telangana, with Regd. No. 961/2016 by Sri A.H. Prabhakara Rao, who is the Founder and President of the Samiti.

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