



ISSN 2583-9020

An Electronic Veda Journal

# वेद वाणी

(vEda vaaNee)

Volume 4, Issue 3, October 2026



Printed and Published by

**Veda Samskruti Samiti**

Malkajgiri  
Hyderabad TS



## Patron's Page

‘यज्ञो दानं तपश्चैव पावनानि मनीषिणाम्’

‘yajJa, daana, and tapas purify the wise’

BG.18.5

### The Foundations of Human Happiness — Divine Grace, Education, Health, and the Centrality of Rituals

Human happiness and societal harmony rest on three fundamental pillars: **Divine Grace** (*daiva-k-rpaa*), **Education** (*vidyaa*), and **Health** (*aarogya*). *sanaatanadharma* and the *bhagavad gIta* present these as interconnected dimensions of a *dhaarmik* life. Vision *bhaarat* (2037) reinforces this framework at a national level, asserting that India's civilizational rejuvenation depends on consciously nurturing these foundations. The document emphasizes that “*A civilization survives only when its knowledge systems are consciously preserved, systematically taught, and proudly lived.*”

To this triad, we must add a fourth indispensable dimension: **Rituals and *shrouta-karmas***, the practical, embodied expression of *dharma*.

#### 1. Divine Grace — Earned Through *dharma* and Ritual Discipline

In *sanaatanadharma*, divine grace is not arbitrary; it is invoked and sustained through **right living and right ritual**. *shrouta-karmas*—*agnihotra*, *darsha-pUrNamaasa*, *caaturmaasya*, and other Vedic rites—are designed to harmonize the individual with cosmic order (*-rta*). They cultivate purity, gratitude, discipline, and inner alignment.

The *bhagavad gIta* affirms the centrality of ritual action: यज्ञो दानं तपश्चैव पावनानि मनीषिणाम् — *yajJa, daana, and tapas purify the wise*. Rituals are thus not routine activities but **psychological, ecological, and spiritual technologies** that invite divine grace by aligning human intention with universal law.

The *gIta* (3.10–3.16) gives a clear cosmological law:

- **3.10: *brahmaa* created beings along with *yajJa*, declaring that through *yajJa* they shall prosper.**

- **3.11: Humanity and devas must mutually nourish each other through yajJa.**
- **3.12:** Those who enjoy life's gifts without offering back through yajJa are to be considered as thieves.
- **3.13:** The pure enjoy the world through yajJa; the impure suffer bondage.
- **3.14:** Food arises from rain; rain arises from yajJa; yajJa arises from karma.
- **3.15:** karma arises from veda; veda arises from the cosmic order.
- **3.16: One who does not follow this cycle lives in vain.**

These verses establish that **rituals are not optional**; they are the engine of cosmic harmony.

**Vision bhaarat** echoes this principle by insisting that India's future depends on restoring its civilizational ethos, where ritual life was inseparable from ethical life. The document highlights that constitutional duties such as justice, welfare, and environmental protection are modern expressions of ancient *raaja-dharma*.

## 2. Education — vidyaa Rooted in Ritual Culture

True education in *sanaatanadharm*a is not merely intellectual; it is **experiential**, grounded in ritual participation, cultural literacy, and *guru-shiSya parampara*a. Rituals are pedagogical tools—they teach discipline, symbolism, metaphysics, ecology, and community cohesion.

**Vision bhaarat (2037)** proposes a national revival of *vedik* knowledge systems through:

- **vedik Villages** in every district
- **vedik Universities** in every state
- **Digitization and preservation of vedik knowledge**
- **Training of scholars and practitioners to rebuild the -rSi-parampara**

These institutions are envisioned not merely as academic centers but as **living ecosystems of ritual, culture, and knowledge**, where *shrauta-karmas* regain their rightful place as civilizational anchors.

## 3. Health — Rituals as Foundations of Holistic Well-Being

*aarogya* in *sanaatanadharm*a is a triadic harmony of **body, mind, and environment**. Rituals directly contribute to this harmony:

- **agnihotra purifies air and environment**
- **yajJas promote community bonding** and mental stability
- Daily **nitya-karmas** regulate lifestyle and **discipline**
- Seasonal rites (*caaturmaasya*) align **human rhythms** with nature

The *gIta*a prescribes moderation and discipline: युक्ताहारविहारस्य... — *Health arises from regulated food, recreation, and action.*

**Vision bhaarat** expands this into a **national health model**:

- *aayurveda* research institutes
- Medicinal/Herbal forests
- Integrated medical systems
- Ecological protection as *dharma* and constitutional duty

Rituals, especially *shrauta-karmas*, reinforce ecological consciousness and sustainable living—core themes of Vision *bhaarat*.

#### 4. Rituals / *shrauta-karmas* — The Practical Engine of Civilizational Continuity

Rituals are the **operational dimension of *dharma***. Without them, *dharma* becomes abstract; with them, *dharma* becomes lived reality. They:

- Preserve cultural memory
- Strengthening community identity
- Maintain ecological balance
- Cultivate inner purity and discipline
- Connect individuals to cosmic order

Vision *bhaarat* implicitly supports this by advocating for the revival of *vedik* education, *guru-shiSya* paramparaa, and cultural institutions—each of which historically centered around ritual life. The document states that centuries of disruption weakened “*vedik* education, *guru-shiSya* paramparaa, *shrauta* traditions, cultural literacy, and ecological sanctity,” and that civilizational revival requires restoring these foundations.

#### A Dharmic Blueprint for Human Happiness

Divine Grace, Education, Health, and Rituals together form a complete dharmic model for individual and societal well-being. Vision *bhaarat* (2037) provides a national blueprint to revive these pillars, enabling *bhaarat* to re-emerge as ***vishva guru***—leading the world through knowledge, compassion, ritual culture, and sustainable living.

— *hariH Om* —  
 — *shubham bhUyaat* —  
 — *Om tat sat* —

**A.H. Prabhakara Rao**

Patron

*vEda vaaNee*

Founder & President, Veda Samskruti Samiti (VSS)

15<sup>th</sup> September 2026





# Veda Samskruti Samiti

13-1-62 & 13-1-47/1

Veenapani Nagar, Malkajgiri  
HYDERABAD Telangana



Veda Samskruti is an inherent intellectual property of Bhaarata dEsham. It is the basic duty and right of every citizen in Bhaarata dEsham to protect this Intellectual property. Indian Constitution and Law provides provision for protection and preservation of its culture, its monuments, architecture etc.

The Chaturvedas said to have 1131 shaakhaas right up to the time of Aadi Shankaraachaarya and thereafter during last more than ten centuries, many shaakhaas are out of practice due to various reasons and presently only seven shaakaas are in the practice of Guru shiShya parampara.

There is a need to continuously preserve these available shaakhaas which may likely to disappear in future due to various external forces acting in the country vigorously with the power of money and global politics. It is time for the intellectuals of Bharata dEsham to wake-up and work collectively to protect and preserve Veda Samskruti of Bharata dEsham, by empowering the Youth of Bharat dEsham, the future care takers of this great Indian Heritage , with suitable education of our correct history and culture.

The above background led to formation of this Veda Samskruti Samiti which is registered under Societies acts of Government of Telangana, with Regd. No. 961/2016 by Sri A.H. Prabhakara Rao, who is the Founder and President of the Samiti.

The vEda vaaNee e-journal, [ISSN 2583-9020](#), is now publishing its Volume 4, Issue 3, October 2026.